

5 year old boy with an inability to listen and follow directions



Issue, Concern or Learning Difficulty

Repeating prep year due to inability to listen and follow directions, inappropriate social behaviour when playing with other children and handwriting delays.



Demographics – Age, Gender, Family Structure

5 year old boy, only child.



What the Therapist Found

Autism Spectrum Disorder suspected. Child did not have appropriate regulation strategies – ignored teachers requests, unable to stay on task and lashed out at other children when over stimulated.



Handwriting - frequent letter reversals. High motivation to perform when placed in calm environment.

Types of Treatment

Education and training with parent and teacher. Classroom observation – environmental modifications in classroom (positioning of desk).

Weekly therapy to work on behavioural management strategies through social stories and handwriting difficulties. Introduced a visual schedule for all activities of daily living.



Outcome and Timeframe

Teacher reported to social skills in the classroom improving – less frequent outbursts and increased ability to follow directions with visual schedule.

Parent reported to morning routine being completed with ease by introduction of visual schedule.

Continuing therapy to address handwriting issues..

Please Note

All treatment plans are tailored to the person's individual needs.



Kids Matters
OCCUPATIONAL THERAPY

Real Case Study

Therapist: **Rebecca Webster**

Relevant Treatments:

- Environmental Modifications
- Behavioura Management
- Social Stories
- Visual Schedules

Helping Children
Reach their
Potential