

4 year old with upper body weakness & dribbling



Issue, Concern or Learning Difficulty

Referred by kindy teacher due to upper body weakness, poor saliva control, fine motor avoidance and difficulty sitting in a group.



Demographics – Age, Gender, Family Structure

4 year old boy, living with parents and younger sibling



What the Therapist Found

Significantly low muscle tone and joint laxity affecting postural control, ability to sit for sustained lengths of time, saliva control, and development of some fine/gross motor skills.

Cognitive development age appropriate.



Types of Treatment

A home therapy program was developed and the parents supported to implement this at home.

The program focused on development of strength and endurance, strategies for promoting pencil skills, hand strength, scissor skills and ideas of support for lifestyle changes to promote physical development. Program was also provided to the kindy.



Outcome and Timeframe

Child was reviewed 6 months later and had made good progress in all areas.

Functioning well in Prep and no specific problems evident.

When in grade 3 returned for a block of therapy to address specific handwriting concerns.

Please Note

All treatment plans are tailored to the person's individual needs.



Kids Matters
OCCUPATIONAL THERAPY

Real Case Study

Therapist: **Kellie Clayton**

Relevant Treatments:

- Muscle strengthening
- Skills Training