

Ex Premie 3 year old boy who's very fussy and has 'meltdowns'.



Issue, Concern or Learning Difficulty

Very fussy, meltdowns, sensory problems



Demographics – Age, Gender, Family Structure

3 years old, male, one sibling, lives with family (Mum, Dad and older sister).



What the Therapist Found

Sensory defensiveness, premature birth, low muscle tone.



Types of Treatment

Sensory and motor strategies to help improve self-calming and reduce meltdowns including sensory diet, Therapressure protocol. Feeding therapy (graded de-sensitization for various foods/textures), parent education and family support with specific strategies for improved mealtimes. Referral to and liaison with paediatric dietitian,



Outcome and Timeframe

Now willing to try new foods, eating greater quantity of food and gaining weight .

With improved sensory processing meltdowns have decreased. Parents are happy with outcomes.

Now attending swimming lessons and has started Kindy since resolving self-regulation issues.

Please Note

All treatment plans are tailored to the person's individual needs.



Kids Matters
OCCUPATIONAL THERAPY

Real Case Study

Therapist: **Alice Zuber**

Relevant Treatments:

- Feeding Therapy (SOS Based)
- Sensorimotor therapy
- Sensory Diet
- Vestibular Rehabilitation
- Wilbarger Therapressure Protocol