

# 5 year old boy with Asperger's Syndrome, 'meltdowns' & behaviour problems.



## Issue, Concern or Learning Difficulty

Asperger's Syndrome.

Experienced meltdowns and behavioural problems. Seen to have unusual social interactions including controlling and immature behaviours. He was aggressive towards his younger sister.



## Demographics – Age, Gender, Family Structure

5 year old boy living with parents and younger sister.



## What the Therapist Found

Child was overwhelmed by social situations resulting in meltdowns and behavioural problems. Child did not have appropriate regulation strategies.

Parent's behavioural management strategies needed to be modified to work with a child with Asperger's Syndrome.



## Types of Treatment

Education with caregivers and Kindy staff.

Development of regulation strategies with caregivers and child.

Modification of environments to prevent child becoming overwhelmed by social situations.

Weekly individual therapy to improve social skills and emotional management.



## Outcome and Timeframe

While therapy is ongoing, fewer and less intense meltdowns, are reported at home and Kindy with a quicker recovery period. Social skills are improving and caregivers report improved play with younger sibling, and classmates. Family and Kindy staff report feeling more confident with helping child.

### Please Note

All treatment plans are tailored to the person's individual needs.



Kids Matters  
OCCUPATIONAL THERAPY

## Real Case Study

Therapist: **Cameron Griffiths**

### Relevant Treatments:

- DIR/Floortime
- Behaviour Management Training
- Social Skills Training
- Environmental Modifications