

Adult male could no longer comfortably or consistently go out in public.



Issue, Concern or Learning Difficulty

Sensory defensiveness challenges meaning adult could no longer comfortably or consistently go out in public including shopping, movies, and parties. Also concerns regarding work that was complicated by multiple complex health conditions.



Demographics – Age, Gender, Family Structure

Adult man with a wife and two children.



What the Therapist Found

Major sensory defensiveness in sound, vision, touch, smell and taste. Liked movement and proprioception but limited by arthritis and fatigue factors.



Types of Treatment

Education and collaboration to design a sensory diet/ lifestyle that would help him recover and cope with a difficult sensory world. Practical goal setting and problem-solving support to overcome his challenges. Advocacy and support to access community and government support.



Outcome and Timeframe

By 6 months of treatment, he could engage in a range of social outings that were extremely difficult before therapy. including:
Using the sensory tools identified in therapy, he could go the movies, parties and social activities. His family had a greater understanding of his needs and were better able to support him. With these sensory tools under his belt, therapy turned to addressing vocational and environmental supports.

Please Note

All treatment plans are tailored to the person's individual needs.



Kids Matters
OCCUPATIONAL THERAPY

Real Case Study

Therapist: **Vivienne Williams**

Relevant Treatments:

- Sensory Integration
- How does your Engine Run
- Sensory Diet
- Wilbarger therapressure protocol
- Problem-solving skills training
- Advocacy and liaison

Helping Children
Reach their
Potential