



Kids Matters
OCCUPATIONAL THERAPY

Telehealth Rural & Remote Services

Helping Children Live Their Potential

What is Telehealth & why choose it for OT?

Telehealth uses video or phone to deliver health care where one or more of the participants are separated by distance.

This means that we can provide Occupational Therapy to locations where services are limited.

You can access a highly skilled and experienced Occupational Therapist including a range of services; assessments, direct therapy with your child, parent consultations, home programs and more, all from your home.

Our Telehealth sessions provide a combination of a treatment and consultative model including resources to support you and your child.

Who we see?

We see children age 0 - 18 years with a variety of challenges including but not limited to:

- Developmental delays
- Learning difficulties
- Social competencies/ skills
- Challenges in daily living skills – toileting, dressing skills, getting ready for school, routines, feeding
- Sensory processing
- Behaviour difficulties
- Generalised Anxiety (not related to any specific cause)

*Not equipment prescription, and assistive technology

How we provide OT services to rural areas

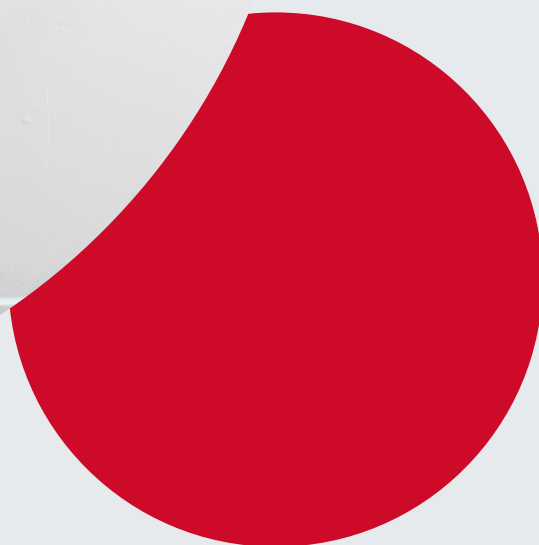
- Initial interview and assessment: 2-3 hours (split over a few sessions). Assessments may include online questionnaires, observations, videos of functioning and third party reports/feedback
- Treatment sessions: We focus on coaching parents and kids on exercises and strategies to overcome difficulties.
- Development of home program: A program that supports your child to achieve their goals within their natural environments.
- Option for home or community visits throughout the year.



Monica Zuniga Marin

Monica is a Senior Occupational Therapist and Lead Therapist for Rural Telehealth Services.

She is passionate about working with kids and their families to overcome challenges, firmly believing that every achievement in development can have an enormous impact on a child's life and a significant meaning for their families and the community.



We are NDIS Approved

Enquire today

Phone: 07 3392 6133

Email: telehealth@kidsmatters.com.au

Visit our website for more information:

www.kidsmatters.com.au//telehealthrural/

**FOLLOW US ON
SOCIAL MEDIA**

