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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| GAMES | EXECUTIVE SKILLS USED/DEVELOPED | | | | | | | |
| Impulse control | Attention | Self-Monitoring | Flexible Thinking | Emotional Control | Working memory | Planning & Organization | Task  Monitoring |
| Spot It |  |  |  |  |  |  |  |  |
| Taco Cat Goat Cheese Pizza |  |  |  |  |  |  |  |  |
| Blink |  |  |  |  |  |  |  |  |
| Ligretto Dice |  |  |  |  |  |  |  |  |
| Suspend |  |  |  |  |  |  |  |  |
| KerPlunk |  |  |  |  |  |  |  |  |
| Trouble |  |  |  |  |  |  |  |  |
| Operation |  |  |  |  |  |  |  |  |
| Gold (memory game) |  |  |  |  |  |  |  |  |
| Battleship |  |  |  |  |  |  |  |  |
| Star Wars Jenga |  |  |  |  |  |  |  |  |
| Who Am I? |  |  |  |  |  |  |  |  |
| Guess Who? |  |  |  |  |  |  |  |  |
| Charades |  |  |  |  |  |  |  |  |

This list is representative and not exhaustive – most card and board games will involve some executive skills. This list of games are ones we frequently use in the course of OT sessions to work on the abovementioned executive skills and hopefully serves as inspiration when thinking about the games you have at home…