

WORDS FOR MY FEELINGS



ANGRY
ANNOYED
IRRITATED
FURIOUS
ENRAGED



CONFUSED
UNCERTAIN
HESITANT
INDECISIVE
CHAOTIC



SAD
UPSET
HURT
UNHAPPY
GLOOMY



HAPPY
CALM
PLEASED
CONTENT
CHEERFUL



SCARED
WORRIED
ANXIOUS
AFRAID
NERVOUS



LOVED
SUPPORTED
SPECIAL
VALUED
WANTED